

Support the Ecole de Légèreté through your membership in the association **APPEL**. Association pour la Promotion de l'Ecole de Légèreté

Respect for the horse is at the heart of everything you do.

It is important to you that a training concept is based on sound, scientifically reliable knowledge of the horse.

You resolutely reject coercive means.

You want to take a clear stand in the discussion about "Rollkur" and other coercive training methods.

You want to see harmonious presentations involving motivated, expressive horses in the riding arenas of the world.

You want to help preserve and promote the cultural heritage of classical riding.

You want to network with like-minded horse lovers around the world.

You want to bring your ideas and projects to the *Ecole de Légèreté*.

You want to support presentations and publications on the riding philosophy of Légèreté.

You want to contribute to the welfare of horses in an international community dedicated to the philosophy of Légèreté.

Then become a member of APPEL! You will benefit from exclusive advantages: APPEL Club and discounts Contact: appel.edl@gmail.com

Membership application on our website or directly here:





Worldwide Teachers' Training Courses



The aim of the *Ecole de Légèret*é is to train committed and qualified instructors all over the world in order to promote Philippe Karl's riding philosophy of Légèreté.

After several years of basic training and a final examination, these instructors are authorised to teach the philosophy of Légèreté on his behalf.

The Teachers' Training Courses are held by Philippe Karl and the Master Teachers appointed by him.

Course dates and further information:

www.philippe-karl.com

Classical riding in modern times



Trusting dialogue A training concept for all horse breeds



An exercise is the gift we receive when we are diligent in our preparation. PHILIPPE KARL

The Ecole de Légèreté (School of Lightness) is based on an efficient training concept that fully respects the nature of the horse, developed by the French riding master Philippe Karl, former Ecuyer of the Cadre Noir in Saumur, France.

The central principle of the Ecole de Légèreté is absolute respect for the horse. For this reason, this riding philosophy strictly rejects any method of training that constrains the horse into fixed positions. It excludes any use of force or coercive artificial aids - including auxiliary reins and tightly closed nosebands.

At the heart of the Ecole de Légèreté is a trusting dialogue between horse and rider, which enables the rider to promote and optimally develop the aptitudes of any horse.

The aim of this versatile education is to foster an expressive, joyful and cooperative horse that always responds to the lightest of aids.





Uniting classical riding and modern insights

Art is beautiful when head, heart and hands work together. JOHN RUSKIN



Visit us at www.philippe-karl.com to find Licensed Teachers, events and much more, all around the world.



A logical training concept

Riding truly becomes an art when sensitivity and knowledge of the horse combine to produce lightness in the hands of the rider. PHILIPPE KARL

The Ecole de Légèreté combines tried and tested ancient principles with modern knowledge. It is based on the teachings of classical riding masters such as Xenophon, Pluvinel, La Guérinière, Hünersdorf, Baucher, L'Hotte and Nuno Oliveira. These teachings are then considered in the light of the latest findings in anatomy, physiology, locomotion and balance, psychology and ethology.

The result of this synthesis is a logical and understandable training concept with clear principles and practices that fully respect the nature of the horse, which can be applied to all breeds and all equestrian disciplines.

In this way, the Ecole de Légèreté opens the door to High School riding for any motivated rider even with a perfectly "ordinary" horse.

Our Licensed Teachers regularly take part in further training and are happy to assist you.

